



Panko Crusted Chicken Filets With Basil Pesto Caper Butter

Sauce:

½ cup Basil Pesto Blend all sauce ingredients together. ½ tsp Lemon zest Set aside.

1 tsp Lemon juice

½ cup Capers, non pareil

8 oz Butter, un-salted, softened

Chicken:

6 Chicken breasts, Slice chicken breasts in half laterally to skinless, boneless form two thinner filets. Pound lightly.

Flour, all purpose Set up three bowls, one with the flour

Salt & Pepper seasoned with a little salt & pepper, one Egg, lightly beaten with the milk & eggs, & one with the

Milk, whole panko crumbs. Dredge each chicken breast

-3 cups Panko crumbs in the flour, then dip in the egg mixture,

Vegetable oil coat with the panko crumbs. Heat oil in a non-stick skillet & sauté chicken in the oil

until golden on both sides & cooked

Serve 3 filets per plate with a pat of pesto butter in between each filet & 1 pat of

on top.

6

skinless, boneless

1 ½ cups
Flour, all purpose
Salt & Pepper

Egg, lightly beaten

1 cup Milk, whole 2-3 cups Panko crumbs

then 1/2 cup Vegetable of

through.

butter

