



Panko Crusted Chicken Filets With Basil Pesto Caper Butter

Blend all sauce ingredients together.

Set aside.

Sauce:

½ cup Basil Pesto ½ tsp Lemon zest

1 tsp Lemon juice

¹/₄ cup Capers, non pareil

8 oz Butter, un-salted, softened

Chicken:

6 Chicken breasts,

skinless, boneless

1 ½ cups Flour, all purpose

Salt & Pepper

1 Egg, lightly beaten

1 cup Milk, whole
2-3 cups Panko crumbs
½ cup Vegetable oil

ARMAN!

Slice chicken breasts in half laterally to form two thinner filets. Pound lightly.

Set up three bowls, one with the flour seasoned with a little salt & pepper, one with the milk & eggs, & one with the panko crumbs. Dredge each chicken breast in the flour, then dip in the egg mixture, then coat with the panko crumbs. Heat oil in a non-stick skillet & sauté chicken in the oil until golden on both sides & cooked through. Serve 3 filets per plate with a pat of pesto butter in between each filet & 1 pat of butter on top.